

Kevin's Rule of Life (revised Summer 2011)

Vision: "Yourself and myself"

Mission: Constantly pursue and work towards the proper ordering of my loves – first things first. "When 1st things put 1st, 2nd things are not suppressed by increased"

Hats: Son of God; Soulmate of Susan; Servant of Christ, that is, the Church (GCTS/Pierce/LTi/GC/Park Street); Student of the faith.

	Spiritual	Relationships	Physical	Recreation/Interest	Missional
Daily	<ul style="list-style-type: none"> • Scripture Reading • Prayer (2 ears/1 mouth) 	<ul style="list-style-type: none"> • breakfast/dinner with S. (no computer/ iPhone/book/etc.) • attend to people with whom I interact 	<ul style="list-style-type: none"> • sleep (6-8 hours) • stay hydrated • eat well (salad for lunch) • walk/bike rather than drive 	<ul style="list-style-type: none"> • keep up w/ daily news • listen to NPR • music 	<ul style="list-style-type: none"> • seek to glorify God in new role for Pierce/Lti (work hard, do good work) • be transformed through the renewing of my mind
Weekly	<ul style="list-style-type: none"> • Sabbath (<u>no electronics</u>) • Journal 3-4x • Soul Care accountability • Church small group • afternoon stroll 2-3x 	<ul style="list-style-type: none"> • at least one fun evening with friends • call immediate family (esp. Dad) • call friends bi-weekly • poem on Sunday mornings with S. • Send out b-day/anniversary cards 	<ul style="list-style-type: none"> • run 3-5x/week, lift when I feel so inclined • alcohol mostly on weekends • no alarm on Saturday • one long run • swim or bike at least once • basketball/tennis/frisbee 	<ul style="list-style-type: none"> • read good literature 3-5x • practice piano 3x (lunch break when working from home) • "A Prairie Home Companion" 	<ul style="list-style-type: none"> • Great Conversation course at Gordon College • Teach Christian Formation class at Park Street
Monthly	<ul style="list-style-type: none"> • memorize passage of Scripture with S • fast • inventory loves • outdoor adventure 	<ul style="list-style-type: none"> • spend time with S's co-workers • Book Club • Hospitality - host dinner guests at least 3x • > 1 day trip with S. • Coolidge Corner Theater • Write 3-4 letters 		<ul style="list-style-type: none"> • culture (theater, museums, symphony, theater, film, etc.) 1-2x • Explore New England (Trustees of Reservations) 	<ul style="list-style-type: none"> • Financial: tithe • discipleship meeting with xxxxx - 1-2x • Spiritual Direction • read 3-4 books (pleasure, interest, academic field) • Meet with xxxxx on NT/theology/prayer
Annually	<ul style="list-style-type: none"> • Retreat • New Year: reflect on goodness of God and record the story 	<ul style="list-style-type: none"> • see both of our families several times (weekend trips/vacations/etc.) • >1 man trip • annual D.C. trip with _. 	<ul style="list-style-type: none"> • >1-2 long road races 	<ul style="list-style-type: none"> • volunteer NPR 2x • >2 camping/hiking trip • stay at a B&B with S. • >1 Celtics and Sox game • _ & _: brew my own beer 	<ul style="list-style-type: none"> • assess and tweak Rule of Life bi-annually, or whenever necessary.